

# Welcome to...



Furaveri Spa





# Our Philosophy

Furaveri Spa is a tropical escape surrounded by flowery fragrances and flowing waters. Our professional therapists provide holistic spa treatments with high touch and low-tech approach to calm the mind. We are here to serve, to inspire and to share our passion for healing, rejuvenation and well-being.





# Your Spa Experience

Your total relaxation is our goal between 10:00am and 8:00pm. Experience a wide range of overall body care provided by the soothing hands of our qualified therapists. The Spa offers eight treatment rooms, including four doubles for side-by-side couple treatments. Enter the chilling garden of Furaveri Spa and unwind in the open-air welcome and relaxation area, open-air pavilions, air-conditioned treatment rooms, steam bath and Jacuzzi.





### Massage

#### Furaveri Signature Massage 90 min – US\$ 149.00

This unique signature massage combines four different styles of Thai, Balinese, Swedish and Lomi Lomi Massage using a medium to strong pressure. The relaxing treatment will be completed by a face cleaning and scalp massage to calm the nervous system, relax your tensions and balance the body.

#### Balinese Massage 60/90 min - US\$ 99/ US\$ 139

The Balinese Massage is an oriental treatment which uses long sweeping strokes all over the body. Providing deep relaxation and relieving tensions to restore the balance of your body and soul is the focus of this massage.

#### Lomi Lomi Massage 60/90 min - US\$ 99/ US\$ 139

The Lomi Lomi Massage is enhanced by the traditional Hula Hula dance and known for its long, smooth strokes to release tension, enhance the immune response and increase the flexibility and motion range.







# Massage

#### Swedish Massage 60/90 min - US\$ 99/ US\$ 139

The Swedish Massage combines long strokes, kneading and firm circular movements to increase the circulation of blood and lymphatic. You will experience an ease of muscle pain and energy boost after this treatment.

#### Sports Massage 60 min - US\$ 99

This massage has been formulated to ease and eliminate the pain and stiffness ac-companying minor muscle strains. A special muscle rub with energizing oil will release deep tensions and ensure a fast and effective relaxation.

#### Traditional Thai Massage 60/90 min - US\$ 99/ US\$ 139

The famous Thai Massage has been part of the daily life in Thailand for over centuries and is well-known all over the world. The treatment involves gently pulling, bending and stretching techniques to enhance body flexibility and release muscle strains.

#### Prenatal Massage 60 min - US\$ 99

This special therapy is a wonderful choice for prenatal care as it focuses on the individual needs of pregnant women. Experience a healthy way to reduce stress and promote body flexibility during pregnancy.



# On The Spot

#### Back Massage 30 min - US\$ 69

This therapeutic massage helps to alleviate the built up stress and blocked energy that we all tend to accumulate in the back. Whether your problem is a temporary one caused by a long-haul flight, or a long-term problem caused by too much office work. This anti stress massage will leave you feeling calm, revitalized and tension free.

#### Foot Massage 30 min - US\$ 69

An ancient therapy is effective to promote the body's own healing powers by applying pressure to specific points on the feet. Experience an overall sense of equilibrium and well-being trough the hands of our foot specialists.

#### Neck, Shoulder and Scalp Massage 30 min - US\$ 69

This deep tissue massage works across the grain of your muscles, focusing on your neck and shoulder. The additional Scalp Massage will relief of tensions as well as muscle stiffness and pain.







### Facial

#### Anti-Aging Facial 90 min - US\$ 149

This luxury facial treatment begins with a cleaning to firm up your skin and is followed by a shoulder and neck massage for deep relaxation. The Anti-Aging Facial will reduce lines and wrinkles and allows you to look younger and glowing.

#### Furaveri Honey Facial 60 min - US\$ 119

The principal ingredients in this treatment are honey, lime and cucumber, as they all enjoy an age-old reputation as skin healers and softeners. The treatment begins with a face cleansing and scrub, followed by a relaxing face massage with honey and lime juice. The refreshing cucumber face mask nourishes the skin and keeps it glowing.

#### Sensitive Skin Facial 60 min - US\$ 129

This treatment is ideal for sensitive skin as it includes a refreshing facial cleaning and light scrub to remove dead skin cells. A nourishing face mask will improve complexion, reduce inflammation and boost your skin's immunity to prevent future irritations.

#### Deep Cleansing Facial 60 min - US\$ 129

Experience a deep exfoliating and cleansing facial treatment to refine your skin texture. This facial treatment is suitable for all skin types as it will unclog pores and brighten your complexion.



# **Body Treatment**

#### Aloe Wrap 30 min - US\$ 69

The soothing aloe vera will be applied to your entire body and covered by a cosy cotton sheet. Your skin will be to moisturized and softened for a firm body feeling.

#### Almond Brown Sugar Scrub 30 min - US\$ 69

To improve your complexion by delaying the process of aging, relieving dry skin conditions and irritations and protecting from sun damages and leave natural skin glowing.

#### Calming Salt Scrub 30 min - US\$ 69

This calming scrub promotes blood circulation and regeneration of skin cells, which will leave you looking and feeling fabulous.

#### Coconut Scrub 30 min - US\$ 69

The coconut is a perfect ingredient to scrub dead skin cells away and revealing your glowing skin beneath.

### Mango Scrub 30 min - US\$ 69

An amazing exfoliating body scrub with tropical mango as an ingredient. Your skin will feel healthy and show a natural glow.

### Sesame & Honey Scrub 30 min - US\$ 69

This soft mixture of honey and sesame seeds heals wounds and promotes cell growth. This scrub is very suitable for sensitive skin as it exfoliates and hydrates.







# Spa Packages

### Rest and Restore 90 min - US\$ 149 30 min Body Scrub\*, 60 min Body Massage

The rest and restore treatment begins with a refreshing body scrub to remove old skin cells on the outermost surface. Your skin well be exfoliated and purified with your choice of scrub. Balance your energy flow and enhance relaxation trough a 60 minute body massage of your choice.

### Regeneration 120 min - US\$ 199 60 min Body Massage, 60 min Facial

A regenerative full body massage will relieve stress and leave you in a state of pure tranquility. The 60 min facial treatment deep cleansing and a nourishing mask will allow a refreshed and smooth skin.

### Ayurveda Shirodhara 120 min - US\$ 209 60 min Ayurvedic Massage, 60 min Head massage and Shirodhara

These ancient Ayurvedic treatment helps to balance and restore the body to a meditative state. Start with a full-body massage and experience the Dhara where a warm flow of sesame oil constantly streams over the third eyes soothing the nervous system allowing the mind to reach a deep state.



# Spa Packages

### Siamese Combination120 min - US\$ 199 30 min Sesame & Honey Scrub, 90 min Thai massage and Herbal Compress

This spa package offers the perfect energy of traditional Thai massage and benefits of herbal compress. Start your spa experience with a gentle skin exfoliation by a 30 minutes sesame and honey scrub for the entire body. The gentle massage of pressure points and additional stretching will relieve muscle tension and toxins. The relaxation intensifies with healing hot compresses on the body's energy channels to promote circulation and energy flow.

### Bliss 150 min - US\$ 249 90 min Body Massage, 60 min Body Treatment or Facial Treatment

It's your choice! Relax and restore your energy with a 90 minute body massage which suits best to your individual needs. The deep relaxation will be followed by a 60 minute body or facial treatment of our spa menu.

#### Total Healing Body Repair 180 min - US\$ 279 30 min Body Scrub\*, 60 min Body Massage, 60 min Facial Treatment and 30 min Romance Milk Bath

A complete body rejuvenation experience which start with cleansing and exfoliation of the entire body, followed by a luxurious full-body massage. Your spa time is completed with a deep cleansing facial treatment to moisturize your skin and allow you to look refreshed.







# Pampering

#### Manicure 60 min - US\$ 55

Enjoy a professional cosmetic beauty treatment for your hands and fingernails. The manicure includes a compete nail and cuticle grooming, a refreshing hand scrub as well as nail polish. This treatment is ideal to prevent hangnails formation and nail damages like splits, tears and fragile tips.

#### Pedicure 60 min - US\$ 55

Pamper your stressed feet with a professional nail and cuticle grooming, followed by a refreshing scrub and completes with a nail polish of your choice. This treatment is designed to stimulate tired feet as well as to assist in dispersing of any unwanted stress, eradicate dry skin and invigorative blood circulation.



### HOW TO SPA

#### **Check-In Policy**

Please make sure you arrive 10 minutes prior to your scheduled appointment at the spa. You may relax and unwind at our welcome area before your treatment.

#### **Personal Possessions**

Please leave your personal items in the safe of your villa. We recommend that no jewelry be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

#### What to Wear

As we would like you to feel comfortable, it is your choice of clothing. We provide hygienic disposable briefs and you are welcome to wear your own bikini or briefs. The treatments can also be enjoyed without clothing. Our professional spa therapists will always use draping techniques to respect your privacy. Bathrobes and slippers are provided by our therapists upon arrival at the spa.

#### **Personal Preferences**

We definitely encourage a personal touch for all treatments. It is your time of relaxation and we would like to ensure that you enjoy the experience to the fullest. Whether it is the room temperature, lightning, or massage pressure, please let our therapist know and we will accommodate your needs.

#### **Payment**

All prices are inclusive 10% service charge and 12% government taxes. All prices are subject to change without prior notice.

#### **Pregnancy**

Please ask our spa team for advice on which treatments are safe to enjoy during pregnancy.





### SPA POLICIES



To ensure that guests can enjoy the peaceful sanctuary of the spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devises are discouraged. Smoking and consumption of alcohol within the spa are prohibited.

#### Reservations

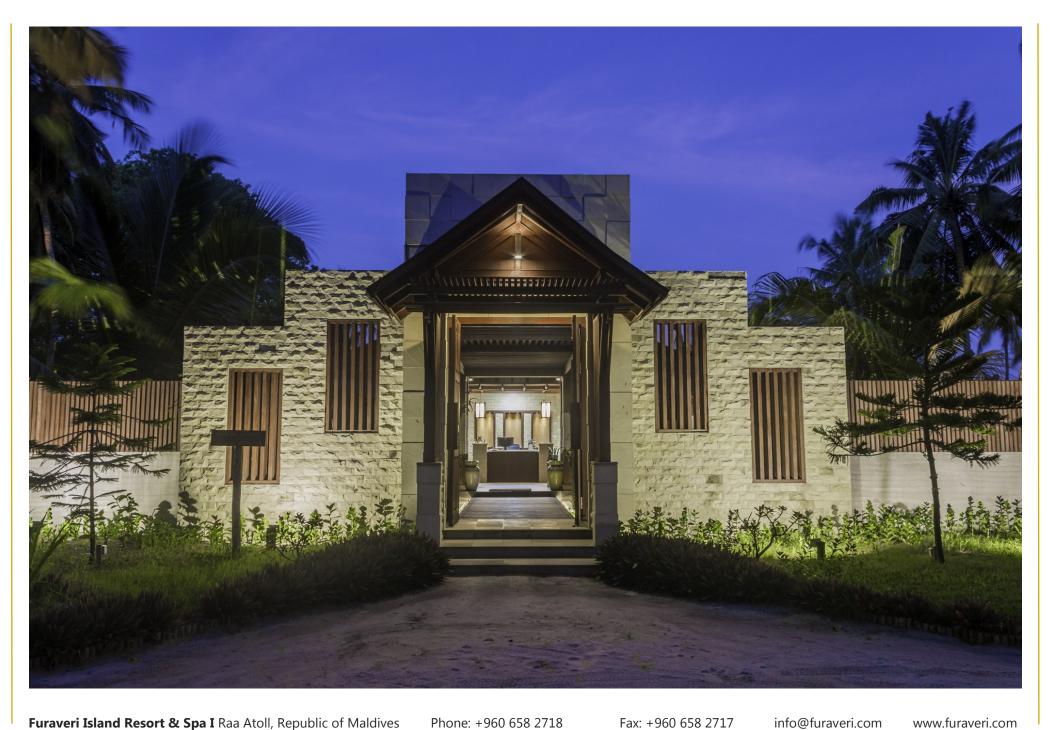
Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment. Guests who have high blood pressure, heart conditions, allergies or any other medical complications are advised to consult their doctors before signing up for any spa services. This also applies in case of pregnancy. Please make your spa therapist aware of any medical conditions.

#### **Cancellation Policy**

We kindly ask you to call three hours prior to your scheduled appointment should you need to cancel your treatment, a 50% charge will otherwise apply. This policy allows our spa team to reschedule available appointments for guests on our waiting list. No-shows will be charged the full amount of any missed treatments.

### **Late Policy**

We regret that arriving late may decrease the time of your treatment. Scheduled treatments must end on time so that our next guests will enjoy their treatment on time. Your treatment will last the full duration if no other bookings are scheduled after your appointment.



Furaveri Island Resort & Spa I Raa Atoll, Republic of Maldives

Fax: +960 658 2717

info@furaveri.com

www.furaveri.com